

Donate Time

Traditional Volunteer Opportunities

The Central Pennsylvania Food Bank offers various ways for individuals or groups to participate in the fight against hunger. Shifts are flexible and groups of up to 25 are welcome.

Many volunteer opportunities are available at the Food Bank facility located at 3908 Corey Road in Harrisburg, PA 17109. Volunteer needs include warehouse help, office assistance and special event volunteers.

If you are interested in our traditional volunteer opportunities, contact Gary Durborow, our volunteer coordinator at gdurborow@centralpafoodbank.org or 717.564.1700, ext. 3012.

Non-Traditional Volunteer Opportunities

There are many ways to spread the word about the issue of hunger in your own community and online.

Community Activism

- Ask us about putting together a street team for your school/sport functions
- Participate in our Hunger Action Month video contest or coordinate a group service project
- Help with yard sign distribution in your neighborhood for Hunger Action Month
- Host a presentation or interest table from the Food Bank at your school, business or organization
- Make Hunger Action Month banners or signs for your school or church
- Ask for food donations instead of gifts at your next birthday party
- Hang Hunger Action Month posters on bulletin boards in your local community
- Change your voicemail message for September to: "It's Hunger Action Month - do something!"

Online Activism

- Become a fan of the Food Bank on Facebook, suggest us to your friends on Facebook, share your thoughts, links or photos on our Facebook page
- Follow us on Twitter, suggest us to your friends on Twitter, share your thoughts
- Forward the hungerbites.org website to your friends
- Include a weblink to hungerbites.org in your e-mail signature

