

Scout Out Hunger

Announcing . . .

In recognition of National Hunger Action Month, the Central Pennsylvania Food Bank has created a “Scout Out Hunger” Scouting Patch. This patch and its requirements were developed to increase awareness of hunger in the community to youth living in the 27 counties that the CPFEB serves.

This patch is available to all scouting programs and is free. All posters, videos and stories from Step 5 in the requirements below should be submitted to the food pantry visited in Step 1.



To order your “Scout Out Hunger” patches, contact Christine Guss, Development Officer, Central PA Food Bank, 3908 Corey Road, Harrisburg, PA 17109 or cguss@centralpafoodbank.org.

“SCOUT OUT HUNGER” REQUIREMENTS

- Visit the Central Pennsylvania Food Bank or a food pantry in your area. Find out how large an area they serve, how many people they serve.
- Think about what you would purchase if you had only \$1 to spend to eat for an entire day. What about \$15 for an entire week’s worth of meals?
- Visit a grocery store. Look at the food that is good for you and the food that is not. Compare prices. Talk about how many times people with less money to spend sometimes purchase the items with less nutritional value because of cost.
- Make a meal of what children experiencing hunger might eat in a day. Talk about this and what we eat on a regular basis. Talk about how it would feel to eat only 1/2 cup of rice in a whole day or to have to skip meals entirely. How would your body feel? Would you feel tired? Cranky? How much do we need to eat to stay healthy?
- Create a poster, video, or story reflecting hunger or nutritional issues in the community.